SIZING GUIDE

Size ranges, and how to collect sizes from a group.

Getting sizes right is the part of a group order that takes the most care. This guide shows the size ranges for our products, and gives you a simple way to collect sizes from your members.







SIZE RANGES BY PRODUCT

PRODUCT	SIZES
Boxing gloves	Youth 6oz and 8oz, adult 10oz, 12oz and 16oz
Hard and cloth shin guards	XS (Youth), S, M, L, XL
Head gear	XS (Youth), S, M, L, XL
Hand wraps	4.5 metres
Muay Thai shorts	3XS (Baby), XXS, XS, S, M, L, XL, 2XL, 3XL, 4XL
BJJ gis, adults	A0, A1, A2, A3, A4
BJJ gis, kids	M00, M0, M1, M2, M3, M4
BJJ belts	Youth and adults
Rash shirts and MMA shorts	XS, S, M, L, XL, 2XL

PRODUCT	SIZES
Dryfit t-shirt	Y6, Y8, Y10, Y12, XS, S, M, L, XL, 2XL, 3XL, 4XL
Dryfit tank or singlet	Y8, Y10, Y12, XS, S, M, L, XL, 2XL
Ladies crop top	XS, S, M, L, XL
Ladies leggings	XS, S, M, L, XL
Hoodies	XS, S, M, L, XL, 2XL
Boxing uniforms	XS, S, M, L, XL, 2XL
Thai pads, focus mitts and belly pads	One size

Size ranges are as listed in our catalogue and the wholesale portal, and availability can vary by style. We confirm sizes with you when we prepare your mockup. Pressed AS Colour tees and hoodies come in the size ranges shown in the T-Shirt Builder.

COLLECTING SIZES FROM A GROUP

A little organisation up front saves a lot of trouble later.

- **Use one list.** Create a single sheet or form with each person's name, product and size, so nothing gets lost in messages.
- **Ask for name and size together.** If the gear will carry names or numbers, collect the spelling at the same time.
- **Let people try something on.** If you have gear from another brand that fits well, ask people to compare, or use a similar garment as a reference.
- **Check kids sizes with a parent.** Children grow quickly, so think about the size they will need when the gear arrives.
- **Set a deadline.** Close your size list on a date, so you can place one complete order.





TIPS FOR A SMOOTH ORDER

- Different products and styles fit differently, so a size in one garment may not match another. Check each product's size range before you collect sizes.
- Keep a spare list of the sizes you ordered, so reorders are quick and consistent.
- If you are unsure between two sizes for a group, talk to us. We can help you plan a sensible size spread.
- Record the sizes against names, so late changes are easy to track.

NEED HELP?

Call Nakia or Benji, or send us your size list and we will check it against the range before you order.

SIZE COLLECTION SHEET

NAME	PRODUCT	SIZE	NAME OR NUMBER ON GEAR

READY TO GET STARTED?

Request wholesale access to see every product and your wholesale pricing.

Request access →

Nakia 0424 487 528 | Benji 0406 321 225